



IgG Food Intolerance Test
Screen - 22 Foods

 **Meat**

Chicken

 **Legumes**

Green bean

Pea

Soya bean

 **Vegetables**

Carrot

Sweet pepper

Tomato

 **Fruits**

Banana

Orange

Pineapple

 **Yeast**

Yeast (beer, bread)

 **Cereals (With Gluten)**

Gluten

 **Alternatives to Cereals & Starchy Products**

Rice

 **Fish & Seafood**

Lobster

 **Seeds & Nuts**

Almond

Hazelnut

 **Sweeteners**

Honey (mixture)

 **Spices & Herbs**

Garlic

Vanilla

 **Eggs**

Chicken egg

 **Milk Products**

Goat's milk and cheese

Cow's milk

Sheep's milk and cheese

[Book Now - Holland Village](#)

[Book Now - Katong](#)

*The range of foods tested may change from time to time. Please consult our Regis Medical doctors for the most up-to-date and appropriate list tailored to your needs.